



Deep Griha Society

"Empowerment of the marginalised through capacity building and sustainable rural and urban development programs"

Aadhar Kendra Sponsorship Program

During the quarter, **104 adolescents aged 13–18 years** attended Life Skills sessions. The sessions aim to equip the children with practical skills to navigate challenges faced during these formative years. The sessions focused on **self-awareness, problem-solving, and navigating peer pressure**, through interactive discussions and practical activities, the sessions encouraged the children to reflect on their choices, build confidence, and develop healthier ways of responding to everyday challenges.

A key development during the quarter was a referral **partnership with Yojak STEM Learning Centre**, established to address the need for specialised academic support for students in Grade 7–12. Through the partnership, AK will facilitate access to STEM learning, and digital skills with career guidance, for the children.

Financial sustainability remains a concern with 43 of 94 sponsor renewals pending at the end of the quarter. Going forward, focus will be placed on sponsor retention, school attendance, and parent engagement. The programme is undergoing redesign to ensure we have measurable outcomes beyond continued participation in education.



Life Skill Program Activity



Session by Yojak STEM Learning Centre

City of Child

One of our students participated in **Child Parliament and leadership training** conducted by a partner organisation - **Pratyek in Mumbai**. 12 children from COC underwent Leadership Training with our visiting counsellors to prepare them for leadership roles at CoC this year.

To promote physical fitness, discipline, and confidence through competitive wrestling, 25 children from the City of Child participated in a community-level wrestling event during the Kasurdi Yatra Utsav (an annual village festival/fair). Five children performed well in their respective age and weight categories and received prizes. Six children have since enrolled for regular wrestling practice, reflecting an increased interest in the sport. The activity helped children strengthen physical fitness, balance, coordination, self-discipline, and self-confidence, while encouraging greater participation in traditional sports.

The Ex-Student Alumni Programme this quarter brought together 19 former students, 65 children, and six staff members, giving children an opportunity to learn from alumni about their education, challenges, and career journeys. We are working on strengthening the alumni network and exploring opportunities for mentoring, career guidance, and other support.

Key operational challenges during the quarter included **not enough house mothers leading to staffing pressures**. The team hopes to work on strengthening documentation, especially digital documentation. And an ongoing conversation with a consultant who works with Arts Based therapy and is trained in trauma-informed counselling will potentially lead to better emotional support for the children.

The next quarter will focus on **life skills, psychosocial support, health check-ups, parent engagement, and regular review of individual child development plans** to better track children's progress and future needs.



Child Parliament & Leadership Training



Alumni Get-together

Deep Griha Academy

Deep Griha Academy enrolled 188 students, including 41 new admissions, and continued to focus on inclusive and experiential learning. A key community outreach initiative was the eye check-up camps, through which 211 community members were screened and 14 cataract cases were identified and referred for further treatment. These health camps give the school visibility and strengthen the connection between the school and its surrounding communities. It is also a small step to reintroduce access to health as an outreach goal.

The Academy continues to invest in teachers' capacity and this year the training focused on research-based learning and understanding children's behaviour and the differences between home and school environments. While teachers reported good understanding of these topics, further support is needed to translate this learning into classroom practice, particularly in responding to children's behavioural and learning needs. The teachers intend to take on research projects as part of their research based learning before they implement the method in their classroom.

In the next quarter, the focus will include **strengthening parent engagement, child safety and emotional well-being, community-based soil testing, and experiential learning through student-led projects**. The school will also continue working towards improved documentation through the planned MIS system.



Teachers Training



Eye Check Up Camp

Yuva

The YUVA Project continued to support adolescents through foundational education, computer skills, English learning, and tutoring support. The programme engaged with **91 students** this quarter, through computer training, English, extra tutoring, and 3D design classes.

16 of our students received online tutoring from local volunteers every evening, the positive response has been encouraging and we would like to explore more opportunities for online tutoring. A participant's progress in our computer class took them from having no basic English alphabet or computer knowledge to being able to type in MS Word after joining the computer class. Small wins like this help us to try and reach more students.

The next quarter will focus on **expanding engagement with school-going and out-of-school adolescents, strengthening parent and school coordination, conducting baseline assessments, and increasing community outreach**. The programme will also track how extra tutoring and skills classes lead to improved school retention, foundational learning, and progression towards further education or employment.



Awareness Sessions

Healthy Ageing

The Senior Citizen Programme reached **4,642 older adults** through community-based support and follow-up services. The team conducted **11,500 home visits**, including **2,581 high-intensity visits** for seniors requiring more regular and sustained support.

Health support remained a key focus, with **964 seniors benefiting from health camps**, **376 receiving eye care support**, and **61 undergoing cataract surgery**. The programme also registered **30 seniors with SGY cards (Govt scheme to support access to healthcare in under-resourced urban communities)**, enabling access to approximately ₹930,000 (approx USD 9789 and GBP 7236) in hospitalisation support and ₹107,000 (approx USD 1126 and GBP 832) towards medicines.

A local Yoga teacher has been coming into the Tadiwala road centre every day at 5 pm for Yoga classes for our seniors. The response is great and continues to grow. The programme will continue to strengthen access to preventive healthcare, physiotherapy, pension and other government schemes, with regular follow-up for our seniors.



Yoga Session



Eye Check Up Camp

Income Generation Program (IGP) - Asimit (Without boundary)

ASIMIT engaged **49 women** through its tiffin, sewing, and other livelihood activities. The programme provided **21,159 tiffins**, apart from other event orders and made multiple sewing products.

A key focus was strengthening women's skills and income opportunities through **order-based work and practical training**. Training for the ladies to improve consistency and quality continues.

The programme also continued its **daycare centre at Tadiwala, which looked after 17 children** during the quarter. The daycare provides a safe and structured environment for young children which enables mothers to participate in income generating activities or hold jobs. Feedback from parents has been positive, and the programme plans to strengthen the quality, safety, learning activities, and parent engagement at the centre.

Asimit's impact is reflected in **Vaishali's journey**, who began with chapati making and has progressed to quality control, packaging, delivery coordination, and customer communications, evidently thriving in an environment that facilitates continuous learning.

Going forward, the focus will be on **expanding the customer base, strengthening compliance and financial tracking, and creating more income generating opportunities for women**.



Activities in Creche



Training on Food Preparation

CHW Research Study

Of the revised sample size of **330 participants**, **329 have completed the study** by the end of this quarter, with follow-up completion remaining high at **99.9% for Follow-up 1**, **83% for Follow-up 2**, and **84.4% for Follow-up 3**.

A key outcome was the identification of **two participants with Type 2 diabetes**, who were referred to KEM Hospital and have started treatment. The study also initiated a **food-order intervention** for women with previous GDM and normal or prediabetes results after delivery. The intervention aims to understand whether the order of protein- and fibre-rich food intake can support better blood glucose management. **Nineteen of the planned 40 participants have been enrolled**, including 11 during this quarter. The study will continue monitoring participants over the coming months.

The study team also organised a conference on "**Diabetes in Pregnancy and Beyond**", bringing together clinicians and other stakeholders from across the country to discuss barriers and approaches to improving GDM screening and long-term diabetes prevention.

The next quarter will focus on **completion of study enrolment, continue protocol-based follow-ups, staff training and conduct health camps in identified communities**.



Conference on Diabetes in Pregnancy & Beyond



Food Supplements for women with Previous GDM

Dream Proposals

We are working on a programme centered around spoken English classes for students enrolled in rural government schools to better prepare the students for more opportunities in the future.

Areas of Greatest Need/General Donations

General donations from this quarter went towards compliance and taxes, expenses necessary to continue to do what we do.