



# Deep Griha Society

*"Empowerment of the marginalised through capacity building and sustainable rural and urban development programs"*

## Quarterly Report January to March 2026

### Key Advancements/Highlights and Across Programme Interventions

**Asimit** supports increased income generation for women and their latest step was to open a **Daycare** facility at FWC, the Tadiwala road centre. Arati, from Tadiwala road, who has been field staff with two different programmes at Deep Griha before taking an extended break for her daughter's birth, conducted a survey and decided to start the daycare with support from Asimit and Deep Griha. We have been keen on restarting the daycare facility with a woman from the community at the helm and this quarter we were able to make it happen. **DGA's** preschool teachers trained Arati and the helper as they work with children under 5. The day care is also open to older children, and they come to the centre after school. Asimit is working towards income generation for women in the community, the daycare adds a dimension where a safe space for children allows women to seek work comforted that their children are being looked after well.

**Yuva** is an initiative, still in pilot stage, that aims to work with out-of-school adolescents in the community and support them to go back to school. Based on the learning gaps we are seeing, Yuva will also work with schools and school going children for holistic development of the children along with academic support.

In an effort to support school going students, the team planned **Science Day** with support from the AK team. On the 28th of February children were welcomed to the Science Lab at the FWC (Tadiwala) Centre to promote curiosity for science by demonstrating hands-on experiments. Students from Dhole Patil School, a neighbouring school visited the science lab on 13th March, and participated in interactive demonstrations too. Sessions were led in a simple and engaging manner, encouraging children to observe, ask questions, and participate. Anurag and Diksha, who are part of AK and interested in Science, facilitated the sessions by explaining experiments to peers and visiting students.

As an extension of the Girls Gearing Up Leadership Academy the facilitators Angela and Vandana from **DGA**, conducted a **two-day Sustainable Development Goal (SDGs) Training** at the DGCC Training Centre for 20 children and young people, 12 of them were from **Aadhar Kendra**. The training introduced the students to Sustainable Development Goals to address the issue of lack of information and exposure among the children, especially about global efforts to combat common issues. The sessions focused on developing leadership, teamwork, and problem-solving skills while encouraging children to take action on community challenges that they see around them. As a result, participants gained a clear understanding of SDGs and worked on an action plan that would help their community and align with an SDG. Notably, FWC (Tadiwala road) participants began working on SDG 8 which aims to "promote sustained, inclusive, and sustainable economic growth, full and productive employment, and decent work for all".

## **Aadhar Kendra Sponsorship Program**

The number of participants at Aadhar Kendra remained consistent this quarter at 221. A new initiative introduced by the team this quarter was post examination Relaxation sessions for students who appeared for their 10th and 12th Grade exams (O levels and A levels/ High school and Freshman year). The sessions included simple techniques such as deep breathing, guided meditation, and other calming exercises, creating space for the children to unwind and relax - mentally and physically. A couple of parents participated when they came to drop their children off and both parents and children asked for more such sessions.

**A Career Guidance and Awareness Session** was conducted to introduce students from DAK (Bibvewadi) and FWC (Tadiwala road) centers, to opportunities in the medical field, including courses such as DMLT (Diploma in Medical Laboratory Technology), Dialysis Technician, X-Ray and ECG technician, as well as the GDA (General Duty Assistant) course offered by Jeevan Jyoti Project, another NGO. A total of 44 participants (DAK – 24, FWC – 20), including out-of-school children, parents, and youth, attended. The session encouraged participants to pursue skill-based training for sustainable livelihoods, resulting in increased interest in the GDA course and steps towards economic self-reliance.

**A Legal Aid Awareness Session on child rights, responsibilities, legal documents, child helpline (1098), and support systems** was conducted by ILS (Law) College at all 3 Centres. A total of 174 children participated. The session covered legal rights, safety measures, equipping children with knowledge to protect themselves and seek help when needed.

**Cognitive and aptitude assessments** were conducted with 10th grade students at JDP and FWC Centres by counselors to understand children's intellectual abilities and support their academic and career planning. 8 children were assessed (SPM) IQ Test – 2 children; and (DAT) Aptitude test – 6 children. Further the results will be shared with both the students and their parents to help them to choose appropriate academic streams and identify their strengths in future career planning. The SPM (Standard Progressive Matrices) test was used to assess non-verbal reasoning and logical thinking, while the DAT (Differential Aptitude Test) evaluated verbal reasoning, numerical ability, and abstract thinking. This initiative addressed the lack of clarity among children regarding their strengths and career direction. The assessments will support identification of individual abilities, guide subject and career choices, and enable personalized academic support and intervention planning.



*Relaxation Activity*



*Science Day Celebration*



*SDG Training*

## City of Child

This quarter recorded two children who went back, due to academic as well as family struggles; however, with two new admissions, the total number of participants remained unchanged at 63, consistent with the previous quarter.

The quarter included various activities such as regular medical check-ups with updated health records and follow-ups, strengthening library usage through weekly reading sessions, organizing career guidance and motivational talks for older children, and conducting value education sessions focusing on honesty, empathy, respect, and teamwork. The major highlighted activity details are as follows.

**An Annual Day Celebration** was organized on 1st February 2026 at the City of Child (CoC), with participation from 65 children and 29 parents who came out to watch their children's performances. Children actively participated in cultural performances such as dance, drama, and singing, showcasing everything they had learnt over the months. Their performance demonstrated confidence and excellent communication skills as some of the group leaders shared with the audience their roles and responsibilities. The event was a lot of fun, you could see the pride and joy of the children as they performed and the absolute joy and appreciation from all the guests and parents in the audience.

In this quarter we introduced **Boxing classes** at the City of Child (CoC) conducted six days a month (2 Saturdays and 4 Sundays), 27 children signed up and 17 children have been attending the classes consistently. Feedback received so far has been positive, with children expressing enthusiasm and interest in continuing the sessions regularly, while the trainer, an Aadhar Kendra student and part-time employee at Deep Griha, has observed strong engagement, discipline, and quick learning among participants.

**Life Skill Sessions** are conducted twice every month to ensure that children who pass out of CoC are independent, capable and have the necessary skills to be responsible citizens in society. In this quarter the students had access to basic cooking classes and some craft activities for the younger ones to make learning fun. Feedback has been positive, with children enjoying the hands-on learning experience and are looking forward to more interactive sessions.

This quarter saw **active volunteer engagement**. During the Henkel CSR event, 75 volunteers made Warli paintings on the building. 12 local supporters contributed time and material, strengthening local community involvement. A group visit also enabled meaningful interaction with children through indoor and outdoor games, along with support through donation of kitchen groceries.



*Boxing Classes*



*Annual Day*



*Volunteer Engagement Activity*

## Deep Griha Academy

This Quarter saw a **dental check-up camp** organized for 47 students from a neighbouring school in Padvi through Dr Kim who runs his regular Dental Clinic from Ramtekdi three times a week. Under the **Science Club Project**, students from **Grades 6–8** worked together on science projects, ensuring relevant learning, and promoting teamwork and leadership skills. Their efforts were appreciated by students and visitors, especially a teacher from the school in Kasurdi.

A **“Tea and Tales” session** was conducted on 17th January 2026 at DGA, with participation from 40 individuals, including DGA staff, senior citizens, AK members, and volunteers from the UK. Through sharing and listening, participants built meaningful connections with each other, language and social barriers seemed to fade away. Highlighting the importance of safe spaces to listen and share the feedback was that participants were deeply moved, felt connected, and appreciated the value of storytelling and active listening.

A **soil testing activity** was conducted at Kasurdi (CoC) to create awareness about the importance of soil health. The session was conducted by students from Grade 7 and 8, with 7 farmers in attendance. The objective was for students to conduct soil testing for farmers and share the soil’s nutrient requirements with them. Feedback from farmers who attended a previous camp indicates that they appreciated that soil testing was low-cost, and convenient. One farmer reported a better yield after he addressed nutrient needs based on our soil health report. The farmer expressed satisfaction with the initiative and requested regular camps along with suggestions and guidance.

**AI4Agri 2026 – Global Conference & Investor Summit Maharashtra** was held on 23rd February 2026 at Jio World Centre, Mumbai, 2 staff members and 2 students from DGA attended the Summit. The objective was to expose students to advancements in agricultural technology, inspire interest in agriculture, and highlight real-world applications. The students recognised design thinking and presentation skills-in-action outside of their classrooms, nervous to begin with, the experience did positively affect their confidence and learning. The conference strengthened our idea of collaborating with women’s Self-Help Groups to collect soil samples from farmers and managing testing services.

A **Parental Workshop** was conducted in February 2026 at DGA with 27 parents in attendance. The session aimed to guide parents on effective parenting and building healthy, positive relationships with their children by understanding their emotional and developmental needs. Experts shared practical parenting tips and addressed several parent queries. A role-play on constructive feedback to children in place of harsh or angry feedback, demonstrated communication that parents can use at home. Parents shared that they were happy to have their questions answered and the role play was effective in sharing alternative communication they could apply with their children.

Our students have been regularly participating/qualifying for inter-school, state, and national-level sports competitions, most recently, DGA students participated in the **National Level Drop Roball Tournament** as part of the team representing Maharashtra, one of 26 states that competed. Maharashtra won and one of our students won the Best Player award for outstanding performance. In academics too, one of our students emerged as a state topper, while another student secured the 18th rank at the national level and received the **Excellence Award in English, Mathematics, and Science**. The **Indian Talent Olympiad (ITO)** organizes national-level assessments aimed at identifying and nurturing talent among students from Classes 1 to 10.



*Tea & Tales Session*



*Agri AI Summit*



*Parental Workshop*

### Healthy Ageing

We continue to work with 4200 individuals over 60 years of age and as planned, various camps and activities were conducted this quarter. Six Health Camps and three Eye Check-up Camps were successfully completed. Additionally, 12 Dance Therapy sessions and three Pranic Healing sessions were conducted. Our Seniors attended and shared stories at **“Tea & Tales” organised by Deep Griha Academy**, our ladies were happy to stop at City of Child on the way and bought snacks for the children.

**Makar Sankranti (Harvest Festival)** was celebrated in January at two Centres, with a total participation of 129 individuals. The program included dance, songs, and fun games with prizes for the winners. Festival celebrations bring a lot of joy and time spent together is valued by our seniors.

**An Awareness Session on Domestic Violence** was conducted in February 2026 at FWC (Tadiwala Road), by Ms. Mukta Kale from Asha Organization, and 47 Ajjis (Grandmothers) attended. The session talked about domestic violence, provided legal guidance, and explained the complaint process, including information about the Bharosa Cell (a cop hub created specifically for domestic violence cases). Feedback indicated a need for regular sessions to further strengthen awareness and access to support.

As this programme is short on funds the team comes together for fundraising through employee engagement activities. A **BNY Mellon Volunteer Engagement activity** was conducted at their office and 94 employees participated. The bracelet making activity created 390 bracelets and this interaction also helped employees to learn about the work that DGS does in and around Pune.

The programme's strength lies in strong connections with the Pune Municipal Corporation (PMC), social workers, doctors, other non-profits, Arogya Vardhini (PMC clinics) Clinic, and local donors. However, limited availability of space restricts the number of programs we can conduct. There is also a need to focus on income-generating opportunities for the elderly.



*(Sankranti celebration, Employee Engagement and Session on Domestic Violence in pictures)*

## Income Generation Program (IGP) - Asimit (Without boundary)

As planned in the last quarter, our efforts to expand outreach through friends, word of mouth, and local contacts resulted in new customers. A major success for Asimit in this quarter was the opening of a daycare centre/creche at the Tadiwala road centre mentioned in the highlights section

The war led to a shortage of gas cylinders early in this quarter and the women proactively looked for alternatives including a coal stove to reduce the reliance on gas. They also made dry chutneys as a fall back if access to gas cylinders was further affected. So far we continue to provide tiffins/lunchboxes as usual.

The **24-member cooking team from ASIMIT prepared over 19,639 meals this quarter, averaging 6,546 meals per month.** Tiffins were prepared and delivered on time while maintaining high standards of quality, hygiene, and accurate delivery and payment records, leading to increased demand for the service. Regular customer feedback calls and consistent communication with both existing and new customers further strengthened trust and satisfaction.

A **masala making and Punjabi dishes gravy training** was conducted at Tadiwala Road with 45 participants. The goal was to prepare tasty, fresh, and high-quality masala and gravy, with a focus on hygienic preparation using fresh ingredients while maintaining taste, aroma, and efficiency. Feedback after applying learning was positive, with customers expressing satisfaction with the taste and overall quality.

A **sewing class** is on-going at Ramtekadi with 5 participants. The goal is to teach women sewing skills with a focus on connecting the skill to income generation making them self-reliant. There are significant opportunities to expand daycare services for working parents, including after-school care for students in primary school. Additionally, we seek to develop new sewing designs, reach more women, increase orders.



*Opening of Day Care Center*



*Training*



*Sewing Classes*

## **CHW Research Study**

Summary of the Research Study:

The total GDM sample size is 330 (post protocol revision), of which 316 participants have been completed, 49 OGTTs were conducted and 17 positives identified between January–March.

Follow-up completion rates till March 2026 are:

- Follow-Up 1 at 99.9%,
- Follow-Up 2 at 73%, and
- Follow-Up 3 at 19%.

Additionally, 2 participants were diagnosed as Type 2 Diabetes positive and referred to KEM Hospital, where treatment has been initiated.

**Consistent training** is conducted to strengthen staff capacity and ensure smooth implementation of the study. Protocol Amendment Training was held in January to orient the team on updates to the study plan. Food Intervention Training was conducted for research staff and for ASIMIT in January. Training on Continuous Glucose Monitor (CGM) insertion and removal was provided by an Abbott company representative in January. A session on measuring and filling the diet recall sheet was conducted in January. OGTT refresher training by a KEM trainer and REDCap training for Follow-Up 3 was conducted in March.

**Completion of Qualitative Interviews for the Quarter are as follows:**

- Post Partum Interviews: 10 out of 30 completed
- Refusal Interviews: 1 out of 30 completed
- FOI Interviews: 3 out of 15 completed

The Conference on “Diabetes in Pregnancy and Beyond: Barriers and Innovations” is scheduled for April 18th. We also plan to organize a health camp in one of the communities in Pune and aim to achieve the target sample size of 330.

## **Dream Proposals**

Our dream proposals for last quarter have started in some way this quarter - Yuva and Asimit’s day care. We need to work on growth and scale for both the interventions.

We are in the process of applying for a grant to extend the research study into an intervention based on learnings around women’s health.

## **Areas of Greatest Need/General Donations**

General donations received in this quarter were used for salaries for Deep Griha Academy teaching, non-teaching staff, the administrative team and staff at the cultural centre. The funds also covered security charges, legal and professional fees, travel, electricity and telephone charges. A portion of the funds are set aside for upcoming administrative expenses.